

Year 1

Relationships and our bodies

Different types of families



Changes e.g starting school,
moving house, transition to Year 2



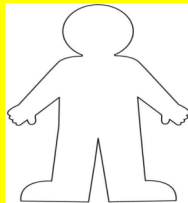
Parts of the body—
differences between boys and girls

Including:

penis

testicles

vagina



Stages of growth:

baby, toddler, child, grown up



Appropriate touch

E.g greeting people, consent, underwear rule, consent



Useful websites/books to help you talk to your child:

The Family Book by Todd Parr - a book looking at different types of families

Your Mummy Ate a Football by Lynwen Jones—a book about how babies are made

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule