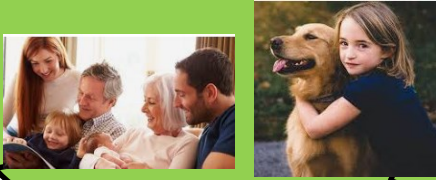


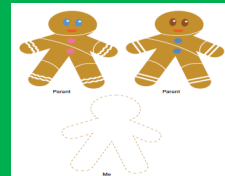
# Year 4 Relationships & Sex

Who or what is special to me?



Genetics

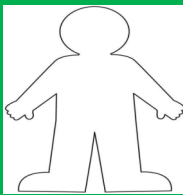
Characteristics we get from our parents.. To include how a baby is conceived



Parts of the body

Including

penis  
vagina  
breasts  
ovaries  
egg  
reproduction

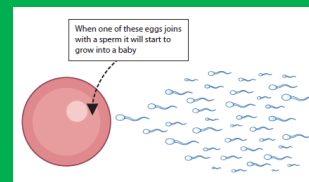


testicles  
pubic hair  
sperm  
uterus  
puberty  
fertilise

Puberty—including periods



What is needed to make a baby



How to deal with change

One way my body will change during puberty is...	I'm looking forward to being a teenager because...
Something that worries me about getting older is...	What I like about being the age I am now is...
The trouble with being the age I am now is...	Compared with my friends, I think the rate at which I'm growing is...

Transition to Year 5



Useful websites/books to help you talk to your child:

It's Perfectly Normal: A Book about Changing Bodies, Growing Up, Sex and Sexual Health by Robbie Harris

Where Willy Went by Nicholas Allan

[www.childnet.com](http://www.childnet.com)