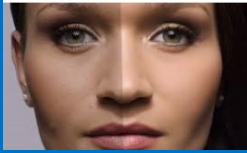


Year 5 Relationships & Sex

Body image —self esteem, media

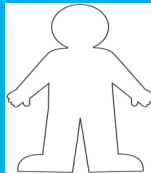


Relationships

Friendships, physical attraction



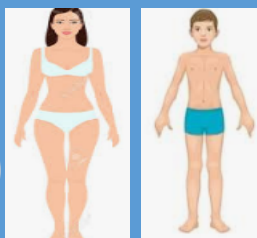
Vocabulary Including: body image, self image, pubic hair, menstruation, facial hair, erection, ejaculation, wet dream, tampon, breasts, hormones, ovulation, sanitary towel, testicles, sperm, penis, vagina, womb, fallopian tube, trust, respect, pregnancy, embryo, foetus, placenta, cervix, midwife, attraction, relationship, IVF, transition, journey, worries, anxiety, hopes, excitement



Conception to birth—
including the act of conception



Puberty—changes to boys
bodies and girls bodies



Consent and appropriate
touch



Useful websites/books to help you talk to your child:

It's Perfectly Normal: A Book about Changing Bodies, Growing Up, Sex and Sexual Health by Robbie H Harris
Everything you wanted to ask about periods— by Tricia Kreitman, Dr Fiona Finlay & Dr Rosemary Jones
www.childnet.com