

# Year 6 Relationships & Sex

Dealing with change – becoming a teenager



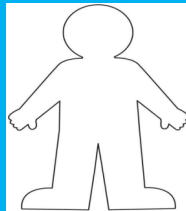
Relationships

Friendships, physical attraction, consent



Vocabulary

Including: pubic hair, menstruation, semen, facial hair, erection, tampon, breasts, hormones, wet dream, ovulation, masturbation, sanitary towel, clitoris, testicles, sperm, penis, vagina, womb, fallopian tube, trust, respect, pregnancy, embryo, foetus, placenta, umbilical



Puberty—including periods



Conception to birth



Transition to secondary

Preparing For Secondary School

About me:

I feel:



I fear:



I wish:



What I would like people to know:



Consent



Useful websites/books to help you talk to your child:

It's Perfectly Normal: A Book about Changing Bodies, Growing Up, Sex and Sexual Health by Robbie H Harris  
Everything you wanted to ask about periods— by Tricia Kreitman, Dr Fiona Finlay & Dr Rosemary Jones  
[www.childnet.com](http://www.childnet.com)