

# Year 2

## Relationships and our bodies

Different types of families



Changes e.g losing teeth  
moving house, transition to Year 3



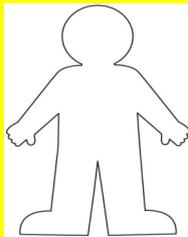
Parts of the body

Including:

penis

testicles

vagina



Behaviour choices



Secrets—good or bad?



People we can talk to if we feel uncomfortable



### Useful websites/books to help you talk to your child:

Hug by Jez Alborough

It's Not the Stork!: A Book about Girls, Boys, Babies, Bodies, Families and Friends by Robbie Harris

Who is in a family by Robert Skutch

[www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule](http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule)

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## In each lesson, pupils will learn:

### Lesson 1—change:

- That some changes can be controlled and others cannot.
- Lifecycles of animals

### Lesson 2—change in humans:

- What changes can be seen in humans as they grow up from babies to adults.
- What things can older people do that younger people cannot?

### Lesson 3—change in ability:

- How as we grow older we become able to do a wider variety of things.
- That being older means more responsibility and independence.

### Lesson 4— body parts:

- How boys and girls are similar and different, including challenging stereotypes.
- Understand that underwear covers the parts of our body that are private and the names for these.

### Lesson 5—Transition:

- Discussion about what it is like in Year 3.
- Opportunity to share hopes and worries.
- Reflection on their achievements in Year 2.

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